

**Post Treatment:**

After treatment it is common to feel irritation as well as redness. Some crusting may form on the areas treated. If the area is still irritated by the end of the day, a clean baggie of frozen peas works well. The peas defrost quickly so usually no chance of skin damage.

**IT IS IMPORTANT TO REMEMBER:**

- Wash with gentle cleanser and fingertips
  - Pat dry
  - NO TERRY CLOTH
  - Use Moisturizing spf of 30 or more every day
  - Do not get areas wet: wash face at vanity....shower with back to water if face treated, keep hands out of water of hands treated. (Crusts will become soggy and slough to quickly....crusts are natures Band-Aids)
  - Crusts will slough in 5-7-10-14 days depending on individual (hands on the longer side)
  - Do no use any harsh or anti-aging products while crusted
  - Absolutely no picking or scratching!
  - No procedures in the areas of treatment for 30 days
  - After crusts have sloughed and skin is smooth you may resume your skin regime as suggested by your medical aesthetician
  - Areas may continue to be pink until completely healed
- Continue to wear SPF of 30 or more....forever!

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**\*If you have questions or scheduling changes, please call/text during office hours Monday-Friday 9:00-5:00. Please be respectful of my time with family with calls or text messages after hours. Thanks so much!**